

Upcoming Training Days

1st September - location TBC - open training day for the team and any squad members or potential squad members - will involve team practice and other training the team feel would be helpful

15th September, 9am-4.30pm - Aberdeen University - Team training day - Members of the teams are invited to come to AUAC for a team training day with Bill Mackay. Other squad members may come along, under the assumption that the focus will be on preparing the Teams for Counties. A schedule will be shared when the team selection is announced.

Squad

The squad is planning to relaunch properly for the coming indoor season and the above events are the only things we are planning from now until then. Kirsty Jackson and Joshua Phillips, helped by Rebecca Leigh are the volunteers from the committee who are working to get things in motion again, with Bill Mackay as our volunteer coach. If you would like to join the squad for the coming indoor season or would like help in organising, coaching or otherwise volunteering with the squad, please do get in touch.

Currently, we have no plans for a Junior division of the squad so any Juniors interested in squad should also have their parents or guardians contact the committee to see what we can do.

Any questions or suggestions please do be in touch, emails will reach the committee via secretary.saanorthernarea@gmail.com