

Health & Safety Policy

HEALTH & SAFETY POLICY STATEMENT:

[Name of Club] is strongly committed to encouraging our participants to take part, but the health, well-being and safety of each individual is always our paramount concern. We recommend levels of training dependent on age and ability, and expect our people to participate within these boundaries.

HEALTH & SAFETY POLICY:

To support our Health & Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the venue/facility and all activities undertaken by the group
- Create a safe environment by putting health & safety measures in place as identified by the assessment
- Ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development
- Ensure that all members are aware of, understand and follow the group's health & safety policy
- Appoint a competent committee member to assist with health and safety responsibilities
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members
- Provide access to adequate first aid facilities, telephone and qualified first aider at all times
- Report any injuries or accidents sustained during any group activity
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

AS A GROUP COMMITTEE MEMBER YOU HAVE A DUTY TO:

- Take reasonable care for your own health & safety and that of others who may be affected by what you do or not do
- Co-operate with the group on health & safety issues
- Correctly use all equipment provided by the group
- Not interfere with or misuse anything provided for your health, safety or welfare

FIRST AID: Location of first aid facilities:

Location of telephones:

QUALIFIED FIRST AIDERS: 1.

2.